

# THE VILLAGE VOICE

National Park Village

Estes Park, Colorado

February, 2009

Elevation 7560

"February is merely as long as is needed to pass the time until March."

J. R. Stockton



February may be the shortest month, but there's still a lot going on here at NATIONAL PARK VILLAGE. Come join us in celebrating Blah Busters Month in style.

- February 7th - "Barbershop After Glow" Enjoy tunes from the Rocky Mountain Harmony College competitors in the Park Village Playhouse. Cash Bar & Hors d'oeuvres - 9:30
- February 14th - the Estes Park Women's Club presents "A Visit to Abraham Lincoln's House" featuring David Tavel sharing thoughts and insights from Abraham Lincoln. Luncheon \$20 (\$5 - program only) All proceeds benefit the Women's Club
- February 21st - Casino Night sponsored by the Estes Park Sunrise Rotary featuring casino games and prizes, horse racing and much more. Cash bar and hors d'oeuvres. All proceeds benefit the Estes Valley Restorative Justice Partnership.
- February 27th - Cub Scout Blue and Gold Banquet

## THE COUNTRY MARKET



"I'm living on things that excite me, be they pastry, or lobster, or love..."

Jimmy Buffet

Ready for some lobster love?  
Get fresh live lobsters for your Valentine @ \$17.99 lb. Take home live or we will cook for you - pick them up minutes before your meal. Call 970-586-2702 and reserve yours today.

Remember the pastry, too. What could be more appropriate for this romantic holiday than something special from Schmidt's Bakery in LOVELAND for dessert?

No one knows for certain when chocolate first became associated with Valentine's Day, but it's a natural combo. Chocolate has a number of naturally occurring compounds that elevate mood, increase circulation and enhance sensory perception producing a mild feeling of euphoria, similar to the sensation of being in love.

Start with something from Chocolove in Boulder like Strong Dark Chocolate, Raspberry in Dark Chocolate or Cherries and Almonds in Dark Chocolate - complete with a romantic poem on the wrapper!

To show a little love for our planet, pick up something from Endangered Species Chocolate, offering a selection of premium organic, ethically traded, shade-grown, single-origin milk and dark chocolate bars with 10% of net profits donated to help support species, habitat and humanity. Or try a Divine Dark Chocolate Mint bar, a Fair Trade product billed as "Heavenly Chocolate



Breakfast in bed for Valentine's Day could give a whole new meaning to Hot Breakfast Month! Give this Easy Cheesy Quiche a try.



- 2 c milk
- 4 eggs
- 3/4 c Bisquick
- 1/4 c butter, softened
- 1 c grated Parmesan
- 1-10 oz pkg chopped frozen broccoli, thawed and drained
- 1 c cubed cooked ham
- 8 oz shredded Cheddar

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Preheat oven to 375 degrees. Lightly grease a 10" quiche dish. In a large bowl, beat together milk, eggs, baking mix, butter and Parmesan. Batter will be lumpy. Stir in broccoli, ham and Cheddar. Pour into prepared dish.

Bake in preheated oven for 50 minutes, until eggs are set and top is golden brown.



A few thoughts in honor of Presidents' Day...  
"The truth is that all men having power ought to be mistrusted."  
James Madison

with a Heart."

Although we now know it's highly unlikely that George Washington actually chopped down that cherry tree in his childhood, his birth month of February is still the time to celebrate **Cherry Month**.

As a healthy snack alternative, cherries provide the anti-inflammatory benefits of anthocyanins and reduce cholesterol. They are also a potent source of calcium, iron, copper and magnesium which may work to boost the mood of those who are slowly progressing out of a period of Seasonal Affective Disorder.

Fresh cherries are scarce this time of year and the imports from South America can be pricy but you can find lots of alternatives at **THE COUNTRY MARKET** - dried, canned & frozen. Try a glass of **Knudsen** Family Cherry Cider or Just Black Cherry Juice and spread Knott's Berry Farm Bing Cherry Preserves or **St. Dalfour** Black Cherry Spread on your morning muffin to brighten your day.

There are special soft drinks too, like Black Cherry Wishniak from **Stewart's Fountain Classics**, **Reed's** Cherry Ginger Brew and **Virgil's** micro-brewed Black Cherry Cream Soda, winner of Progressive Grocer's 2006 Best New Product Award - made naturally with the finest vanilla, black cherry juice & unrefined cane sugar.

Whether the groundhog sees his shadow this year or not, there will still be days when you just don't want to get out in the cold so let **THE COUNTRY MARKET** come to you. Give us a call at 586-2702 by noon & we'll deliver your groceries the same day for **FREE!**

## THE VILLAGE STORE

"Love is a game that two can play  
and both win." - Eva Gabor

Increase your odds of winning the game of love with a **Valentine's Day** gift from **THE VILLAGE STORE**. Choose something from our noted collection of Native American hand-made jewelry or fashion forward jewelry from Boma, Mark Steele or Indigo for winning results!



Even if you have your love to keep you warm, you'll appreciate the wide selection of men's & women's outerwear still available at great prices. Choose from your favorite brands like Pendleton, Woolrich, Keren Hart, Montana Clothing & more.

Be sure & look all around the store, because there are bargains everywhere. We're going to market this month to stock up for the coming year and we need to make room. Home decor, gourmet goodies, t-shirts, calendars, wildlife art, garden accessories, puzzles & toys, candles & incense - there's something for everyone at **THE VILLAGE STORE**.

## THE OTHER SIDE



"One cannot think well, love well, sleep well, if one has not dined well." - Virginia Woolf

Bring your Valentine to **THE OTHER SIDE** for a romantic dinner February 13th - 15th and receive a **FREE** rose. We'll have a special selection of exciting entrees for you to choose from along with our regular diverse menu.

Don't miss out on a cozy meal by the fire along with the best view in town. Call (970) 586-2171 today for reservations!

Calling all Boy Scouts! Join us at **THE OTHER SIDE** on **Boy Scout Sunday**, February 8th for our famous Champagne Brunch. All Scouts & Scouters can enjoy a complimentary brunch (minus the champagne for the young ones, of

"A little flattery will support a man through great fatigue."  
James Monroe

"It is easier to do a job right than to explain why you didn't."  
Martin Van Buren

"It is not strange . . . to mistake change for progress."  
Millard Fillmore

"Do I not destroy my enemies when I make them my friends?"  
Abraham Lincoln

"Nothing brings out the lower traits of human nature like office seeking."  
Rutherford B. Hayes

"The only man who makes no mistake is the man who does nothing."  
Theodore Roosevelt

"If you want to make enemies, try to change something."  
Woodrow Wilson

"You can not stop the spread of an idea by passing a law against it."  
Harry S Truman

"You ain't learnin' nothin' when you're talkin'."  
Lyndon B. Johnson

"We must adjust to changing times and still hold to unchanging principles."  
Jimmy Carter

"We need a spirit of community, a sense that we are all in this together. If we have no sense of community, the American dream will wither." Bill Clinton



Chicago attorney Paul Harris and three other businessmen met for lunch to form the Rotary Club,

course).

All of February is **Hot Breakfast Month**, so come on in seven days a week for Breakfast Burritos, Benedicts, Waffles, Multigrain Cakes and more. Keeping warm starts on the inside!

February is **Bird Feeding Month**, so relax, sit back and enjoy our fine feathered friends and their daily feeding frenzies from your cozy table by the fireplace. The view makes your favorite meals like the Seafood Buffet on February 6th and the Mexican Buffet on the 20th seem even more special.


the world's first service club on February 23, 1905. Carry on the tradition at THE OTHER SIDE with Sunrise Rotary every Tuesday at 7am or the Estes Valley Club on Thursday at noon. New members are always welcome.

**COMING IN MARCH...**

Cabin Fever Day, As Young as You Feel Day, Kite Month and lots more!



All of us at NATIONAL PARK VILLAGE wish all of you a sweet Valentine's Day!

<b>FEBRUARY, 2009</b> BIRD FEEDING MONTH - BLACK HISTORY MONTH - BLAH BUSTERS MONTH CANNED FOOD MONTH - CHERRY MONTH - CHOCOLATE MONTH CREATIVE ROMANCE MONTH - EXPECT SUCCESS MONTH - GRAPEFRUIT MONTH HOT BREAKFAST MONTH - INTERNATIONAL TWIT AWARD MONTH - POTATO LOVER'S MONTH RETURN SHOPPING CARTS TO THE SUPERMARKET MONTH - SNACK FOOD MONTH						
S	M	T	W	T	F	S
1 <b>SUPER SUNDAY</b> --- Irish Spring (Imbolc)	2 Groundhog Day --- World Wetlands Day	3 The Day the Music Died 1959 Buddy Holly Richie Valens Big Bopper	4 George Washington unanimously elected First President 1789	5 Dada Day	6 <b>SEAFOOD BUFFET</b>	7 Fettucine Alfredo Day
8 Boy Scout Sunday	9 Tutti-Frutti Hat Day, Carmen Miranda born 1909	10 All the News that's Fit to Print Day	11 Don't Cry over Spilled Milk Day	12 Charles Darwin born 1809	13 Random Acts of Kindness Week (2-9/15)	14 
15 Remember the Maine Day	16 <b>PRESIDENTS DAY</b>	17 Café Au Lait Day	18 First Academy Awards announced	19 Chocolate Mint Day	20 <b>MEXICAN BUFFET</b>	21 <b>IMAGINE THIS!</b>

			<b>1929</b>			
<b>22</b> North Dakota, South Dakota, Montana & Washington Statehood 1889	<b>23</b> Rotary Club 1 <sup>st</sup> met 1905	<b>24</b> <b>MARDI GRAS</b>	<b>25</b> 1 <sup>st</sup> Gasoline Tax Oregon 1919	<b>26</b> Levi Strauss born 1829 --- John Harvey Kellogg born 1852	<b>27</b> Emperor Constantine I born 272	<b>28</b> Colorado becomes a US Territory 1861

**NATIONAL PARK VILLAGE, 900 Moraine Ave., Estes Park, CO 80517**  
 The Country Supermarket (970) 586-2702  
 The Other Side Restaurant (970) 586-2171  
 The Village Store (970) 586-2776  
[www.nationalparkvillage.com](http://www.nationalparkvillage.com)    [www.theothersideofestes.com](http://www.theothersideofestes.com)